



ANAL CANCER AWARENESS DAY

March 21 2023

#analcancerawareness

INFORMATION PACK

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Celebrate Yourself,
Celebrate Community!



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WHAT IS ANAL CANCER AWARENESS DAY?

Anal Cancer Awareness Day is the official day on March 21 to raise awareness of anal cancer around the world. Our objective is to shine the light on anal cancer thrivers (our name for people that have gone through treatment) and educate the broader community about anal cancer. On this day, people all over the world show their support for people living with and recovering from anal cancer.

On Anal Cancer Awareness Day 2023, Celebrate Yourself, Celebrate Community!

1. Celebrate yourself! Take a moment to honor your experience and everything you have already overcome. Do something that is meaningful for YOU!
2. Share your story. Share your journey with the community to empower yourself, comfort others, and help save lives.
3. Become a peer mentor or request support through ACF's Peer-to-Peer Support Program. Becoming a mentor or mentee allows you to receive or provide the emotional and social support unique to our community.



HOW TO SHOW YOUR SUPPORT

Share our social media post. Help us raise awareness of anal cancer. Use #analcancerawarenessday and tag us @analcancerfoundation on Facebook and @hpvianalcancer on Twitter.

Celebrate Yourself! You are AMAZING. Today, do something meaningful for you. Take a moment to reflect on your experience and honor how hard you are working to get better. Share with us on social media and your family and friends what you did to feel good!

Share your story with us. Learning from others about their experience with anal cancer can be helpful, informative and a great way to feel connected. Email: connect@analcancerfoundation.org

Become a Peer or request support through ACF's Peer to Peer Support Program. The program creates deep relationships among patients at any stage of their journey and targets stigma and community isolation within the anal cancer community. The program provides social and emotional support to anal cancer patients and caregivers by matching them with someone who has been through the experience.





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